BAR HILL NEWS

February 2015; Issue 555

– UPCOMING EVENTS –

HUNTINGDONSHIRE CONCERT BAND

Another welcome return of our favourite Band will be held on **Saturday 7th February 2015 at 7.30pm** at Bar Hill Church.

The theme of the concert will be **"Music from Around the World"**

Those of you who have been to H.C.B.'s concerts before won't want to miss this event, so get your tickets, bring a friend and be ready for a wonderful evening of music and fun.

Tickets: £7; £5.50 concessions, including soft drinks and light snacks, can be obtained from Sue Kenchington on 01954 780260 and Stephen Lee on 01954 203310.

WILDLIFE CONSERVATION DAY

Sunday 22nd February 2015, meet at **10:30am** at the **Bar Hill Village Hall**

SCDC and the parish council will be working with the Cambridge Conservation Volunteers again to continue last year's management of the habitats in the balancing pond nature reserve. We will continue coppice work in the area along the stream and in the balancing pond if needed. You are welcome to join in for either the whole day or just part of it. Children under 14 should be accompanied by adults. Please wear wellies or strong boots and bring gardening gloves if you have them. Tools can be provided. If you intend to stay for the whole day please bring a packed lunch. If you have any further question please contact Rob Mungovan, SCDC Ecology Officer on 01954 713402.

"Always forgive your enemies. Nothing annoys them so much." *Oscar Wilde*

ANGLIAN WATER CUSTOMER SERVICES

Please call Anglian Water should you experience any problems with the waste water or surface water sewers in your area. These include issues such as flooding from manhole covers or toilet pans that are slow to drain.

For Anglian Water to investigate issues we must be notified via the 24/7 emergency phone number **03457 145 145**. It's a free service and we operate 24 hours a day. Alternatively, please check the Anglian Water website www.anglianwater.co.uk for more information.

If you see full or blocked road gullies (these are the grated covers at the side of the roads) please contact your local Highways Authority.

BAR HILL LIBRARY

You'll be surprised... at what's in your library:

- **For Loan** – as well as books we have magazines, talking books and DVDs. If you don't see what you want on the shelf, just ask the staff who will be happy to request items for you from another library in the county free of charge.
- **Internet Access** – Library members can have up to two hour's free Internet access a day on library computers and can also access the library system on-line from home. You can search the catalogue, make requests and renew books as well as being able to access reference websites such as Encyclopaedia Britannica – the junior version of this is excellent for helping with homework.
- **Wifi** – the library has wifi. Once you have registered it's free and unlimited.
- **eBooks, eAudio, eMagazines and eNewspapers** – this service allows library members to download these on to your computer, eBook reader (not Kindle which is restricted by Amazon), tablet or smartphone.
- **NEW! Commercial Notice Board in the Library** – the library has a new noticeboard for commercial and business ads. We can accept any size up to A4. Rates are A4: £6 per month or part thereof; A5 or less: £4 per month or part thereof. Please ask at the library for details.
- **Sorcer Mobile** – is a library application for mobile devices which lets you check your account anywhere and at any time. With Sorcer Mobile you can see at a glance your current loans and reservations, including your borrowing history and any outstanding charges. You can also renew your loans easily. The app is **free** to download to your mobile device.

Bar Hill Library opening hours:

Monday:	10.00am–5.00pm
Tuesday:	2.00–5.00pm
Wednesday:	10.00am–5.00pm
Thursday:	Closed
Friday:	2.00–5.00pm
Saturday:	9.30am–12.30pm

For more details, please visit our website: www.cambridgeshire.gov.uk/leisure/libraries.

THE ALLOTMENT SOCIETY

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348.

All other allotment matters should be addressed to: bhallotment@hotmail.com.

deadline for next issue: 15th February 2015 to bhneditor@yahoo.com, or see page 2 for other contact details

– EVENTS CALENDAR –

date	*event*	*where*	*time*
5 February	NWR – Bold and Blue *(page 3)*	Venue: Jane's	8pm
5 February	8 O'clock Club *(page 4)*	Bar Hill Village Hall	8pm
7 February	Bar Hill Community Market	Octagon	10.30am–2pm
7 February	Huntingdonshire Concert Band *(front page)*	Church	7.30pm
16 February	Drop-in sessions for carers *(page 22)*	Community Room, Tesco	10.30am–1.30pm
18 February	Twilight at the Museums *(page 30)*	Museums of Cambridge	4.30–8.30pm
19 February	NWR – Pudding Evening *(page 3)*	Venue: Marie-Thé's	8pm
22 February	Wildlife Conversation Day *(front page)*	meet at Village Hall	10.30am
28 February	Bring your own Craft day *(page 6)*	Octagon	2.15–4.30pm
5 March	NWR – Nordic Countries *(page 3)*	Venue: Di's	8pm
5 March	8 O'clock Club *(page 4)*	Bar Hill Village Hall	8pm
6 March	Women's World Day of Prayer 2015 *(page 6)*	Bar Hill Church	2.15–4.30pm
7 March	Bar Hill Community Market	Octagon	10.30am–2pm
16 March	Drop-in sessions for carers *(page 22)*	Comm. Room, Tesco	10.30am–1.30pm

MACMILLAN MAMMOTH QUIZ

The Macmillan Mammoth Quiz is back, now in its 7th year, with a brand new brain-teasing quiz for 2015. The Mammoth Quiz, organised by the Oundle Macmillan Committee, is Macmillan's nationwide quiz. Simply put, it is the same quiz, being held on the same day, at the same time, throughout the country. The mammoth quiz even holds the Guinness World Record for the world's largest simultaneous quiz. We need you to help make the 2015 Macmillan Quiz the biggest and best yet and help us to reach our target of over £200,000.

Macmillan are looking for local groups and businesses across the UK to host a quiz on 27th February 2015 to raise vital funds for people affected by cancer. It's a really fun and easy way to raise money for Macmillan, and you can hold your quiz anywhere from the local pub or bowling club to the office or school.

It costs £10 to sign up to host a Mammoth Quiz. You will then be sent a welcome pack with a 2015 quiz and fundraising materials. Brand new this year is the Macmillan Mammoth Quiz website www.macmillanmammothquiz.co.uk. On here you will find tips for organising your quiz, posters and tickets, a bit of information about Macmillan and even some sneaky sample.

To register for your 2015 quiz pack, find out more about the Mammoth Quiz and start downloading sample questions and fundraising materials, please log on to www.macmillanmammothquiz.co.uk or email mammoth.quiz.uk@gmail.com.

Bar Hill School PTA presents our

PAMPER EVENING

Bar Hill Primary School Hall

Friday 27th February 2015 – 6.45pm

Drink on arrival is included in ticket price.

Book treatments via Vanessa on 07782 110247

Relax with a drink from our licenced bar;
browse our selection of stalls.
Tickets available from the School Office £2.50;
or £3.00 on the door.
Initially a 2 booking per person limit will apply.

TWILIGHT AT THE MUSEUMS

Wednesday 18th February 2015 4.30–8.30pm

It's time to make the most of those long winter nights as museums and collections across the city open their doors for after dark fun. With thirteen venues offering an exciting range of drop-in and bookable events throughout the evening, there will be loads for families to see and explore. Why not take part in some torch-lit space exploration at the Whipple Museum; discover a world of deep sea darkness at The Polar Museum; or create some 'Creatures of Twilight' at the Museum of Cambridge? The evening is all about fun and discovery and remember, the more places you visit, the more you will be able to see and do. Pick up a Twilight 'What's On' guide and passport from participating venues to help you plan and record your journey.

So wrap up warm, grab a torch and get ready for adventure! See www.cam.ac.uk/museums/twilight.

LOCAL RESIDENTS REMINDED TO CHOOSE WELL THIS WINTER

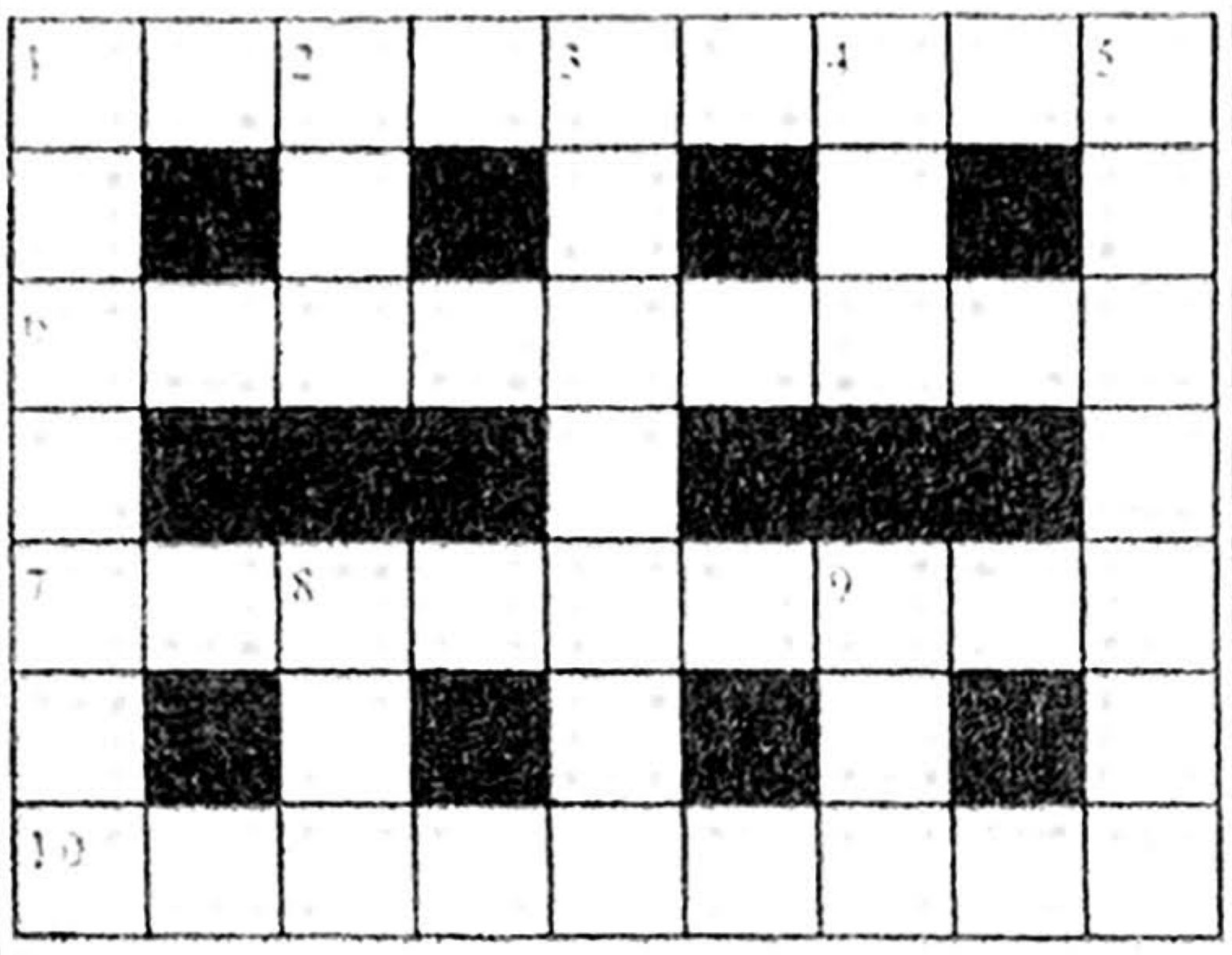
Residents in Cambridgeshire are being reminded to find the right health service for their illness or injury this winter. Cambridgeshire and Peterborough Clinical Commissioning Group (CCG), who commission health services in the area, are asking residents to familiarise themselves with the range of local health services and which illnesses and injuries they can treat. **Pharmacies** can help with bugs and viruses, skin conditions, allergies, pregnancy testing and help with stopping smoking; **GPs** can help with back ache, earache, painful coughs, mental health conditions and any illness or injury that won't go away; **Walk-in centres or minor illness or injury units** can help with minor burns and scalds, bites and stings, strains and sprains and minor eye or ear problems.

If somebody is unwell and you are not sure of the best course of action, call NHS 111 for help and advice. Calls are free from any phone 24/7. Call 111 when it's less urgent than 999.

For more information please visit www.choosewellcambs.nhs.uk.

FEBRUARY CROSSWORD

Across	1. yellow flower, 6. go beyond, 7. moon, 10. spring flowers.
Down:	1. upper garments, 2. digit, 3. put into silo, 4. sound of a dove, 5. glib speeches, 8. also, 9. west African language.



SOLUTION FOR DECEMBER

Across	1. de Janeiro, 6. frequency, 7. liturgies, 10. secondary.
Down:	1. defiles, 2. Joe, 3. neutron, 4. ion, 5. odyssey, 8. tic, 9. Ira.

UPCOMING BIN COLLECTIONS

Weds. 4 Feb.	green bin, blue bin, paper caddy
Weds. 11 Feb.	black bin
Weds. 18 Feb.	blue bin and paper caddy
Weds. 25 Feb.	black bin
Weds. 4 Mar.	green bin, blue bin, paper caddy
Weds. 11 Mar.	black bin
Weds. 18 Mar.	green bin, blue bin, paper caddy

HONEYBEES
Fencing Company
Fence Erecting, Gate Making,
Bird Tables, Hutches
7-day call out for wind damage
Please contact Lee on 07704 474222;
or: leehoneybourne406@btinternet.com.

JANUARY & FEBRUARY BULLETINS FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Looking for something new to do in 2015? Cambridgeshire Fire and Rescue Service is looking for volunteers in your area to join our successful Community Champion scheme.

Community Champions encourage local residents to carry out fire safety checks in their homes, visit community groups and educate about fire safety and escape plans.

We will train you, give you a uniform and provide you with a wide range of activities to choose from, all of which will help to keep our communities safe from the risk of fire. Anyone interested in becoming a Community Champion should call Rachael Brown at Cambridgeshire ACRE on 01353 865038; email rachael.brown@cambsacre.org.uk or log on to http://cambsfirechamps.org.uk/. Cambridgeshire ACRE coordinate the Community Champions Scheme on behalf of CFRS.

And don't forget to make a New Year Resolution to test your smoke alarm, and that of your elderly relatives and neighbours once a month, by pressing the 'test' button on the device. To find out if you are eligible for a free home fire safety check, call 0800 917 9994.

Think the fire service is all about putting out fires and rescuing people from road crashes? Think again. At Cambridgeshire Fire and Rescue Service, the men and women on our frontline deliver important fire safety advice to dozens of different communities. From visiting schools to care homes, mother and toddler groups to community fetes, our firefighters play an integral role in keeping YOUR community safe.

And we'd like you to think about joining us.

The role of a firefighter is varied and exciting but most importantly, it can make a real different to people's lives. It is a profession that provides development from the start, with opportunities to grow into management or specialist roles for those who want to. The next recruitment process for whole-time firefighters opens February 2015.

To find out more, log on to www.cambsfire.gov.uk. Find us on Twitter, Facebook and Instagram.

SHOPPING SERVICE...

...is for Cambridgeshire residents aged over 60 who are unable to, or may have difficulty in doing their shopping. Many supermarkets offer online shopping, but unless you have a computer you cannot take advantage of this.

Phone your order to our Shopping Service and we will make the arrangements and deliver to your home. There is no commitment to shop every week.

Age UK Cambridgeshire makes no charge for this service but supermarket charges for delivery vary.

Enquires and orders can be taken from Monday to Friday 9am–12.30pm on **01354 696650**.

FEBRUARY PUZZLE

Form nine, nine letter household items, in alphabetical order.

A	C	E	G	H	T	R	E	W
A	S	E	H	B	A	S	E	R
A	S	H	I	R	C	S	I	N
B	A	R	K	S	C	S	T	A
C	A	S	L	A	M	T	E	L
C	O	R	O	L	E	T	E	R
E	P	H	O	M	E	T	E	W
E	P	L	O	N	E	W	A	S
F	I	R	P	L	I	W	H	I

				M				
			S		R			
		R				R		
		R				A		
						G		
					C			
				P				
			H					
		I	T	E	W	A		

Solution for December: DUNGAREES, HOUSECOAT, LOINCLOTH, MANDILION, NIGHTGOWN, OVERSKIRT, PANTIHOSE, SANBENITO, WAISTCOAT.

BAR HILL

RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings, which are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meetings:
3rd February;
3rd March

Skatz

HAIR DESIGN

and

Bethan's Beauty Shop

Opening times:

Mon	Closed
Tue	9.00am-5.30pm
Wed	9.00am-8.00pm
Thu	9.30am-7.00pm
Fri	9.00am-5.30pm
Sat	8.00am-2.00pm

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- Kitchen installation

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BAR HILL CHILDMINDERS

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (see below).

Childminders with current vacancies

Terri	07846 018714
Kirsty	07584 168909 (school aged children)
Melanie	01954 204496 (0-5 year-olds)
Kirsten G	01954 200228
Kirsten C	01954 202228

'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45–11.15 am in the Octagon (term time only) £2.50 per family/carer, or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.

APPLETREES PLUMBING & HEATING

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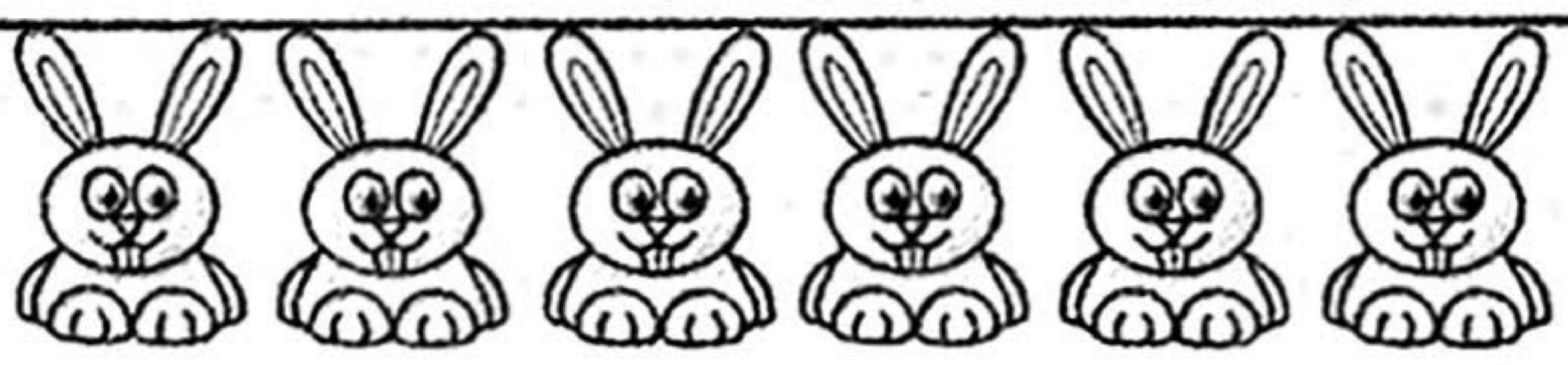
Gas safe REGISTER

> "We either makes ourselves miserable or we make ourselves strong. The amount of work is the same."
> *Carlos Castenada*



– LITTLE BUNNIES SENSORY SESSIONS –

Bar Hill Octagon Meetings Room
Tuesdays 9.45–11.15am (term time)
Come and let your little ones experience a range of sensory activities, from messy play (aprons provided) to music and story acting!
Snack and drink for children;
hot drink for adults included.
£1 under 1yr; £2 per child;
£3 for two or more children.

WILLINGHAM & LONGSTANTON SURGERIES

Willingham: 01954 260230; Longstanton: 01954 207600; Dispensary: 01954 260073
Website: www.willinghammediclpractice.nhs.uk

New Year Resolutions – why not make this the year that you decide to give up smoking? Our practice nurses and pharmacy staff are qualified to help you and can arrange free smoking cessation products on an NHS prescription.

Phlebotomy Clinics – we can now offer early morning appointments for blood tests from 7.30am on Thursday mornings.

Counselling at Willingham Surgery – Julia Hall MBACP. The New Year is often a time of change and, with this in mind, counselling is often able to help people make choices and reach decisions about how to handle and move forward with their concerns about the future. Julia is now able to offer a free 30 minute taster session at the surgery with a view to setting up some private follow up sessions. If you are interested, please contact Julia by phone: 01223 305324; Mobile: 07930 874570 , or email: juliabhall@hotmail.com to make an appointment. You can also pick up a leaflet at the surgery.

Hearing Help Service (formerly CAMTAD) – sessions will be held on the third Wednesday of the month from 2.00–4.00pm at Willingham Surgery. No appointment necessary, just come along for free NHS hearing aid batteries, and for help and advice regarding hearing problems. Next dates: Wednesday 18th February; Wednesday 18th March.

Medicines costs – did you know that second to staff costs, medicines are the biggest single budget expenditure in the NHS. Our local CCG spends over £125 million on medicines every year. Please order only the items you that you need from your repeat medication list and do your bit to help our struggling NHS prevent wastage.

NEW Chiropodist/Podiatrist available Mondays at Willingham Medical Practice. Mrs Casey A. Javed BSc (Hons) Pod SRCh MChS. T: 01480 464507; 07807 505534; E: www.stiveschiropody.co.uk.

Cynthia Bidwell, Practice Manager

WE DISCOVER, WE GROW
Girlguiding

GIRLGUIDING IN BAR HILL

Girlguiding units currently meet weekly in Bar Hill: Rainbows (age 5–7) Monday and Wednesday, Brownies (age 7–10) Tuesday and Wednesday, Guides (age 10–14) Wednesday, and Senior Section (14+) meet monthly.

If you would like to volunteer, or your daughter wants to join us having fun in a girl only environment, please go to www.girlguiding.org.uk/interested.

For more information about local girlguiding, please phone 01954 203322 or email Di Gunton, Bar Hill District Commissioner, at di@theguntons.com.

FRIENDS OF THE ROSIE HOSPITAL

Happy New Year to all our customers and supporters. The Friends of the Rosie wishes everyone a prosperous and healthy 2015. With your help we raised **£2,186.81** to help make the Rosie a more comfortable environment for mothers and babies. This was from the sale of handmade toys and clothes, plus second hand books and craft equipment. This year we have a small display at the Tea Bar, Outpatient Department, Rosie Hospital at Addenbrooke's.

Our next stalls will be:

Bar Hill Community Market on Saturday 7th February 10.30am–2pm selling discount baby clothes, new toys and gifts.

We have discounted items for sale in our eBay Charity Store Rosieinstitches2010, books on Amazon at www.amazon.co.uk/shops/A302NWPGSHC7HN, and second hand patterns and craft materials on our Facebook page. If you have any spare polyester toy stuffing or yarn we are in urgent need of your donation. Follow us on the Rosie in Stitches Facebook page. New knitted clothes and toys are for sale on our website www.rosieinstitches.org.uk.

There are links to affiliate stores on our website where we will get a donation. To support Friends of the Rosie Hospital, Cambridge, England, visit http://www.easyfundraising.org.uk/causes/forh and follow the instructions. You can raise funds by using the Easyfundraising search site at http://forh.easysearch.org.uk. There are competitions to enter on the Easyfundraising blog.

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website.

Thanks to for all your support.

MAPLE SURGERY NEWS

Tel: 01954 780442

www.mhmaple.co.uk

Blood Results – as from 1st February, phone requests for blood results will only be accepted after 2pm.

Free NHS Health Checks – if you are between 40 and 74 years old and have not had an NHS Health Check in the last five years, please contact the Surgery to book your check with the Nurse now.

New Patients – we are currently accepting new patients – visit the Surgery to complete registration forms.

Online Appointments and Repeat Prescription Requests – registered patients can now book GP appointments and order repeat medications on the Surgery website www.mhmaple.co.uk. Please call in to the Surgery with one piece of photo ID to obtain your username and password.

Electronic Prescriptions – we would encourage all patients to sign up for electronic prescribing. Please contact the Surgery or your local pharmacy to complete a pharmacy nomination form that will advise us to which pharmacy you would like your repeat prescription sent.

Repeat Prescriptions – please do remember to allow 2 clear working days for your repeat prescription requests to be processed. *For your own safety we are unable to accept repeat prescription requests over the telephone. You may order repeat medications on our website (see above),via our dedicated email maplesurgery.repeats@nhs.net or put your completed repeats slip into the grey repeat prescription box located on the wall in the front entry foyer of the Surgery. When the Surgery is closed please post your repeat request through the gap in the front door.*

Contact Details – it is very important that we have your up to date details on your record so we can contact you easily. Please take a moment to call or drop in to the Surgery to check that we have your correct home address, landline and mobile numbers and email address.

Regards, *The Maple Surgery Team*

GINNY'S GARDENING AND DESIGN

Do you need your gardening done? Need ideas of what to plant where? From whole gardens or just one bed, let me help you achieve the perfect garden for you. Personal service tailored to your wishes, budget and garden conditions. Phone **Ginny** on **01954 789206**

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NEWS FROM THE FITZWILLIAM MUSEUM

This spring the Fitzwilliam has a major free exhibition, Treasured Possessions.

The show features incredibly beautiful hidden items from the Fitzwilliam. See silks, silver, jewels, porcelain, shoes, armour, embroideries, fans, pocket-watches and tiny keepsakes, most from the amazing rarely seen reserve collections in the Museum. It is open from 24 March to 6 September.

Alongside this, we have a show of stunning miniature gold and jewelled boxes from the Victoria & Albert Museum's Rosalinde and Arthur Gilbert Collection.

In 2016 the Museum will be celebrating its 200 year anniversary. We will be announcing a series of exhibitions and events to mark the occasion.

The Museum is open Tuesday to Sunday; entry is free. Find out more at www.fitzmuseum.cam.ac.uk.

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Tuesday	Shotokan Karate	5.45–8.00pm
Tuesday	Danielle (Boot Camp)	8.00–9.00pm
Wednesday	Helen Jones (Dance)	4.00–6.45pm
Wednesday	Zumba	7.00–8.00pm
Wednesday	Pilates	8.00–9.00pm
Thursday	Pilates *(term time only)*	10.00–11.00am
Thursday	Weightwatchers	7.00–7.50pm
Friday	Stage Starz *(term time only)*	5.45–6.45pm
Friday	Martial Arts	7.45–9.00pm
Saturday	Sweat and Tone	8.00–9.00am
Sunday	Bingo *(doors open 7pm)* Cash prizes	7.30–9.30pm

If you wish to book any of these facilities, or get more information, please call **01954 782414** and leave a clear message. We'll call back within 24 hours Monday–Friday); or e-mail barhill.villagehall@btconnect.com.

We look forward to hearing from you.

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BAR HILL SPORTS AND SOCIAL CLUB

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, www.bhssc.org.uk or join us on Facebook, at Barhillsports.Socialclub.

What's on in February?

Sat. 14th	Membership draw
Fri. 20th	Disco at 8pm – details to be confirmed
Sat. 21st	Children's entertainer and Disco at 7pm – details to be confirmed
Mon. 23rd	Mini Monthly Quiz – £50 prize
Sat. 28th	Membership Draw

Looking Ahead…

30th Mar. Mini Monthly Quiz – £50 prize

The Membership Draw

For 2015 we will be returning to the Membership draw. You must be in the Club between 8 and 10pm on the night of the draw with your 2015 membership card. Draw starts 31st January.

Saturday Teams Home Games. K/O 1400

7th Feb.	Bar Hill Saturday v Huntingdon United
14th Feb.	Bar Hill Saturday v March Town United Reserves
21st Feb.	Bar Hill Saturday Reserves v Willingham Wolves
28th Feb.	Bar Hill Saturday Reserves v Ely Crusaders

Not a Member?

New members are always welcome, join now for £10, Seniors £5. Pop in and have a look round. Please ask the bar staff for a membership form. See our website for opening times. The club also has a junior membership for 16 and 17 year-olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin, 01954 781881

We have better maps of the surface of Mars than our own ocean floor. Around 72% of the Earth's surface is covered in water but, to date, we've explored less than 10% of it.

STORYTIME AT BAR HILL LIBRARY

Stories and pictures, rhymes, songs and craft activities at 10.30am at Bar Hill Library, on the second and fourth Saturdays in February (10th and 24th).

We welcome small children and their parents or carers to share in Storytime. Open to children of pre-school age and their older brothers and sisters who are accompanied by an adult, it offers half an hour or so of book-based enjoyment. In February our new leader Kitty is joining us. She and Jenny will be taking turns each month.

Our stories are chosen from a huge range of illustrated books for young children and are all available for you to borrow from the Library. We enjoy singing and music-making together in our sessions, and every time there is something for the children to make – often a picture to take home.

This free event opens up the treasure that books present and revels to young children what is to be gained from learning to read. There is no need to book; come along and join us.

– CHURCH MATTERS –

BAR HILL COMMUNITY MARKET

Saturday 7th February
Saturday 7th March
10.30am – 2pm
In the Octagon CB23 8EH
– Entry is Free –

Come and support your local community.
A variety of handmade crafts, jams, fruit, vegetables, cards and beauty products.
We raise funds for community projects.
Refreshments Available
Soup and roll from 12noon
BBQ *(weather permitting)*
If you would like to be part of the market, please contact either Karen Austen 01954 781085 or Sue Gadsby 01954 200875.

YOUNG PEOPLE GROUPS

Youth Socials – there is a time to relax and play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

Cell Groups – these are groups of young people, meeting once a month, to learn more about the Bible and the Christian faith.

Café Church – as an alternative to sitting in the Sunday morning service, the children & young people meet in the Octagon on 1st and 3rd Sundays, for breakfast and a learning activity.

Young Peoples Evening Worship Service – this informal service is for adults and young people and uses contemporary music and format. This is held from 6.30–8.00pm on the 2nd Sunday of the month, starting with cake and drinks!

For more information on any of these events contact Heather at familysmeth@ntlworld.com.

KNIT AND NATTER...

...is a long established group that has weekly meetings on Thursday afternoons at 1.15 until 3.30pm in the Octagon. We are a friendly and active group who do what we can to support one another and groups who need our help. We currently work hard knitting for the children's Christmas Shoe Boxes, "Operation Christmas Child". We also send hats, jumpers and blankets to where they are needed in the world. We hold a number of events in the year including outings, coffee mornings, a Christmas lunch and a "Holiday at Home" at Easter. We would be very happy to welcome new people either those who are knitters or those who just want to come to chat and would like to meet some new friends.
For more information contact Sue Kenchington on 01954 780260.

BAR HILL CHURCH ECO GROUP...

...meets for an hour in alternate months to think about how we, as a local community, can best use world resources both for our own benefit and for that of future generations. We are working towards the award of 'Eco-Congregation'. Recent events have included an Eco walk and picnic, and a Church Weekend at Home with speakers from Cambridge Carbon Footprint.
New members – from the congregation or the village – are always welcome. Meetings take place in the Church from 11.30–12.30 on the second Sunday of January, March, May, July, September and November. Further details can be found at www.barhillchurch.org.uk.

MESSY CHURCH...

...is for pre-school and primary age children and their carers. They meet in the Octagon from 3.15–5.15pm on the 3rd Wednesday of each month.
Each session begins with craft activities followed by a story and song on a Bible theme, and ends with a simple meal. Come along!
For more information contact Peter at familysmeth@ntlworld.com.

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Parish Priest:	Mgr Peter Leeming	Tel: 01223 350787
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Local contact:	Bunty Waters	Tel: 01954 201421

Monday, Wednesday, Thursday, Friday	8am and 12.15pm
Tuesday	8am and 7.30pm
Saturday	6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and **6pm at The Octagon**, Bar Hill.

Holydays of Obligation	8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday	6.45pm (not after Mass)
Saturday	10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday – copies are also available in the Church Centre.

ROCK SOLID...

...is a midweek club for primary school age children, every Thursday evening in the Octagon Meeting Rooms from 6.00–7.15pm in term time only.
We have great fun with songs, news time, bible story time, craft and games, stopping for a quick break for drink and a biscuit half way through!
We have a few places available.
If you would like your child to come along please contact Adrienne Sharman on 01954 780874 or Claire Thorby on 01954781527; claire_thorby@tiscali.co.uk.

– CHURCH MATTERS –

BAR HILL CHURCH SMALL GROUPS

Bar Hill Church has five small groups who meet regularly, weekly and fortnightly, with a mix of evening and daytime meetings.

A Small Group is a place where people grow together as they explore and apply the Bible to everyday life. It's also where people care and pray for one another, serve together and develop genuine relationships.

We hope that our groups facilitate discipleship, mission, fellowship, evangelistic outreach and pastoral care. The Church aims to develop a deeper understanding by providing sound biblical knowledge and spiritual growth, and help you develop your personal relationship with God.

In the New Year we are hoping to revisit some of the basic beliefs that underpin our Christian faith. Whatever stage you are at on your Christian journey this bible study will help you to explore and develop your Christian faith.

If you are interested in joining in the fellowship of a small group within the village please visit the Church website.

I can be contacted at Bar Hill Church office to discuss placing you in a suitable group.

With Blessings in Christ

Jenny Patton [small groups coordinator]

BAR HILL CHURCH...

...invites you to a course that tackles the puzzling questions of life.

- Who am I?
- What is God like?
- What happens after I die?
- How can I be happy?
- Why is there suffering in the world?
- What is the spiritual world?

Puzzling Questions

The course runs for seven weeks starting on 10th February at 7pm in the community space at Tesco. Places on the course are limited, so please confirm your place by contacting Martin on 07785 765010; email: mbelgrove@barhillchurch.org.uk; or Ginny: outreach@barhillchurch.org.uk.

BRING YOUR OWN CRAFT DATES FOR 2015

Please come and join us on: 28th February, 28th March, 25th April, 23rd May, 27th June, 18th July, 26th September, 24th October in the Octagon 2.15–4.30pm. 28th November will be our Christmas Craft Day, details nearer the time.

For more details contact Wendy on 01954 782041.

WOMENS WORLD DAY OF PRAYER 2015

Bar Hill Church, Friday March 6th at 7.30pm

The service this year has been arranged by the women of the Bahamas.

Please come and join us.

OUR INVITATION TO YOU

Are you new to Bar Hill or thinking you'd like to come to Bar Hill Church one Sunday? Are you nervous about walking through the door on your own? If you would like someone to go with, do contact Emily on 07954 180582 to arrange for someone in the Church to meet up with you on a Sunday morning.

BAR HILL CHURCH

BAR HILL ECUMENICAL CHURCH

EVERYONE IS WELCOME

SERVICES FOR FEBRUARY 2015

The Church Minister, Charles Mather, can be contacted on minister@barhillchurch.org.uk, or by phone on 01954 277119. Our website gives lots of information about what's happening in Church: barhillchurch.org.uk.

Sunday 1st	**10am** Holy Communion with Café Church for young people **6.30pm** Evening Worship
Sunday 8th	**8am** Holy Communion **10am** Morning Worship with Kidz club for children **6.30pm** Informal Worship
Sunday 15th	**10am** Holy Communion with Café Church for young people. **6.30pm** Evening Worship.
Weds. 18th	**7.30pm** Ash Wednesday Service.
Sunday 22nd	**10am** All Age Morning Worship **6.30pm** Holy Communion
Weds. 25th	**10am** Midweek Communion

Contact: Church Centre Manager: 01954 206120; office hours Mon., Weds. and Fri. 0930–1230.

There is a Roman Catholic Mass every Saturday at 6 pm.

THE COFFEE STOP...

...is a weekly event in the Bar Hill Library, run by volunteers. Coffee, tea and biscuits are served from 10.00am till 12 midday for a modest price. We aim to provide a friendly meeting place for our community to have a chat to old friends and new.

The coffee stop is growing and is used regularly by the Bar Hill Health Walkers, and occasionally by members of the Horizon group.

We are very grateful to the library staff for accommodating us and would love to welcome new people to join us. We would like as many people as possible to borrow a book from the library regularly to help keep this facility available for our village. We look forward to seeing you there. For more information contact Sue Kenchington on 01954 780260.

ART GROUP

If you would like to try painting, even if you think you're no good, we will give you a warm welcome.

Bar Hill Church Art Group meets on Wednesday afternoons throughout the year from 1.30–4pm in the Church. Our meetings are very informal with occasional visiting tutors.

Why not come along and give it a try? You can borrow equipment until you find out what you need, and other members are always ready help. Contact Jan Hewins on 01954 201495 for more information.

BAR HILL PARISH COUNCIL

Joe Hoyle, Parish Clerk
Tel: 01954 780456
e-mail: bhillpc-1@btconnect.com

Please note that the office is open to the public between **9am** and **11am Monday** to **Thursday**.

Firstly, I would like to introduce myself. My name is Joe and I started on the 5th of January as your Parish Clerk. You can find me in the Parish Council Office between 9am and 11am Monday to Thursday. It would be nice to meet as many of you as possible. A few things this month…

Village Stream work

The Council has been in contact with outside contractors through January discussing the stream through the village. It has been agreed that work will begin on the cutting back of trees and foliage. This will be done in stages but will eventually cover the whole stretch of the stream.

Volunteers Working Party

On Sunday 22 February we will have another volunteer day to continue coppicing etc., along the stream and in the balancing pond. Meet at 10.30am in the Village Hall Car Park, bring your wellies and lunch and any equipment. We will be joined again by the Cambridge Conservation Volunteers.

Contact Rob Mungovan, Ecological Officer, South Cambs 01954 713402

Bins

We would like to thank you for your patience regarding the public bins that were emptied late this January. There does seem to be residents putting their general rubbish in the village bins instead of their black/blue bins so causing the bins in the village to overflow.

Parish Council Meetings

The next Parish Council meeting will be held on Thursday 15th January at 7pm in the Parish Council Office and all members of the public and press are welcome to attend. There is also an Open Forum at the start of each meeting for residents to put their views across.

Please visit our website, www.barhill.org.uk for updates on anything further. If you would like any information to go on the website please contact me.

Handy Telephone Numbers

Streetlights: 0800 253529 – give the number that is written on lamppost.
South Cambs District Council: 03450 450500.
County Council (damaged paths and roads): 01223 717111.

HAIR2U
Professional Mobile Hairdressing covering Bar Hill and surrounding areas.
Call Caroline: **07843 238718**

BAR HILL HEALTH WALKS

Free every Wednesday morning
Meet at Maple Surgery, Hanover Close,
Bar Hill CB23 8EH
at 10:30 am

Our walks are all weather (in case of rain you will find us under the church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short Health Questionnaire. Copies are available on the PPG noticeboard in Maple surgery, and at www.walkingforhealth.org.uk.

Contact: Patricia Daniels, Co-ordinator, T: 07917 874402; E: danielsoohn@btinternet.com; or Josephine Powell, Co-ordinator, T: 07901 558108; E: jopowell45@hotmail.com.

"It's not until you are an adult that you realise how awesome a dog is. Your dreams start dying, your partner cheats on you… then you come home and your dog looks at you and you know he thinks you're the greatest person in the whole world! But he's the awesome one." *Bill Burr*

BAR HILL VILLAGE WEBSITE

The Bar Hill Village web site has been reactivated after a period of inactivity. The site will be a place where important and interesting information will be posted whenever it becomes available. The front page will have the latest information and, where appropriate, will link to fuller information about a subject.

If anyone has information, pictures of village events or anything else that would be of interest to the residents of Bar Hill, I will be happy to get it onto the website without delay.

Recent updates include:-

- Pictures and information about the recent flooding.
- Information regarding the improvements to the balancing lake in the wildlife area.
- The local organisations page has been updated.
- The Parish Council page now has the latest meeting minutes posted.
- The Residents' Association will also have their meeting minutes posted.
- Copies of the Bar Hill News for the last two years are now online.
- A new page for recommended local tradesmen has been added.
- The local events page is as up to date as possible, but input is needed from events organisers.
- Updated links to local sites.

The website can be found at www.barhill.org.uk. Any comments, ideas or items for inclusion should be sent to the webmaster, who can be contacted via links on the website, or by email to barhill@machineconcepts.co.uk.

– LETTERS –

Hello everybody

We hope you all had a great Christmas.

Gail and Richard of 12 Appletrees would like to say a very big thank you to all the kind people who donated to our collection box for the Cardiac Unit at Addenbrooke's. A total of £133.63 was raised.

We wish you all a very happy New Year.

Gail and Richard Jones

Dear Editor

Business and Community Partnership Event at Swavesey Village College

On Tuesday 3rd March 2015 from 5–7pm, Swavesey Village College is sharing its plans for the future development of education provision and facilities for students and the local community.

Come and see what we're doing and how you can be part of it. More details to follow soon.

Kind regards,

Phoebe Monk

Arts & Events Coordinator, Swavesey Village College

A warm welcome awaits anyone who would like to join *'Bar Hill matters'*, a social networking group on Facebook.

SIMON SAGGERS

Simon has been selected as the Green Party candidate for South Cambridgeshire at the 2015 General Election. Generations of Simon's family come from South Cambs. He was brought up in Bassingbourn and returned there, after working in the charity sector, to establish the Guilden Gate smallholding with his wife Jacqui. Simon and Jacqui have a 13 year old son, George, and an 11 year old daughter, Maddie.

Simon is proud to be a small part of the vast network of local volunteers that help village life flourish. Over the last 15 years he has been a Parish Councillor, a trustee of the Elbourn Memorial Housing Trust, part of the Living Local Group, and a governor at the Village College.

Simon is passionate about creating a greener future for South Cambs.

Contact Simon on 01763 243960 or simon.saggers@googlemail.com.

– 8 O'CLOCK CLUB –

The 8 o'clock club is an all-women's group which meets at 8pm on the first Thursday of the month in the school.

We have a short term this time with:

5 February Colin Kirtland – A journey to India;

5 March Club birthday party – *members only*;

2 April School closed for Easter holidays.

If you are interested in seeing what we do please come along to one of our meetings, or phone Barbara: 01954 204171, Adela: 01954 204265 or Ann: 01954 204687.

– TRIBUTE –

JOHN REYNOLDS

My personal friendship with John goes back beyond 1985, when he became County Councillor for the Bar Hill division, to when we were fellow altar servers in Great St Mary's Church in the late 1960s. [I am perhaps one of the few outside his family who remembers him without a beard.]

As political colleagues we worked closely together. Although we had differences, these were always argued out in a spirit of friendship. Only a few months ago, he and his wife, Diana, shared a meal with us where discussion of politics was strictly taboo.

John rarely missed parish meetings, providing members with a report in advance, on which he was always willing to answer questions. He always had time to stop and chat with residents, often about one of the dogs he was training to be a guide dog. He considered communication with his electors essential; his regular newsletters, while remaining apolitical, were a mine of council information. The local press highlighted his years of hard work on the County Council, police authority and Guide Dogs for the Blind. But nowhere will his loss be felt more than here in Bar Hill. Having served alongside him for twelve years as district councillors, my colleague Bunty Waters and I will miss him more than most.

Cllr Roger Hall, 11 Almond Grove

– BEREAVEMENT –

We are sorry to announce that Marjorie Chandler of The Spinney passed away peacefully on Saturday 10th January. Marjorie lived in the village for more than 25 years and was well known and respected. She will be sorely missed by family and friends.

FOR SALE

I have a good quality **folding bed** for sale, complete with mattress. It is almost new, having only been used a few times and cost £100, yours for £48.
Tel: 01954 781757.

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BAR HILL BABY AND TODDLER GROUP…

… is held on Wednesday and Friday 9.45 –11.15 am at the Octagon. This is for families and carers with children aged 0–4 years, with a variety of toys and activities for toddlers and pre-schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.

Prices:
Under 1's – £1.00 *(or FREE when paying for a sibling over 1)*;
Over 1's – £2.00.
Maximum charge per family/child-minder – £3.00.
Visit our Facebook page for details of future events.

BAR HILL TAE KWON-DO CLUB

part of the Tae Kwon-Do Association of Great Britain (TAGB).
Tae Kwon-Do, the Korean art of self-defence, is suitable for the whole family.

Lessons are held at **Bar Hill School** on **Mondays**.
Junior class *(beginners' class from 4 years old)* is from 1700–1800; Junior and Adult class 1800–1930.
Sparring Classes are held on **Sundays** from 1000–1130.
Free taster sessions. Family discount.
Text, call or e-mail: Mister Jason Newton, 07745 436806; jason.newton@btinternet.com; or Sam Dethridge, 07767 697236; barhilltkdjuniorclass@gmail.com.
Classes are also available in Cambourne, Cambridge and Linton.

ABBA TRIBUTE DUO

Voulez Vous?

Saturday 25th April 2015, 7.30pm

Stop, Stop, STOP!

Find your flares. Sew your sequins.
Help raise some **Money, Money, Money.**

Join the Over Day Centre **ABBA tribute** evening at **Over Community Centre: Live music**, optional **fancy dress**, raffle for a Wheelbarrow of Booze **(The Winner Takes It All)** and a bar serving until **11.30pm** for **Super Troupers** and **Dancing Queens.**

Oh… and let your **Mother** know.

Gimme! Gimme! Gimme!
Tickets are available, at £10.00 each, from the Over Day Centre.
Tel. 01954 231807

The Over
Day Centre
1 Drings Close,
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Registered Charity No. 800829

HAPPY HOURS – NEWSLETTER

With best wishes to everyone for a healthy and happy 2015.

November and December were busy months. We had our AGM, followed by our 25th Birthday Party, lovely food and drink with entertainment by Sumo Susan, Amorous Anne, Sexy Shirley and Pouting Pam with their version of charades – to much enjoyment and amusement.

Janine came with her beautiful hand made jewellery so we were able to buy some lovely Christmas presents.

Our collection in place of Christmas cards raised £40 to be donated to Parkinson Society. At our last club in December the school choir sang to us so beautifully. Special thanks to their teacher who came in on her day off to bring the children. Well done to all. After a drink and ginger cookie the children circulated and spoke to everyone. Very many thanks from all the Club, we do love to see the children. We finished the day with a quiz.

On the 15th December we had our Christmas Lunch at the Menzies, where we were well looked after, with a lovely meal followed by our Christmas raffle and a singer to entertain us. Special thanks to the Cambridge Building Society, Tesco and Dobbies who very kindly donated raffle prizes for our lunch.

We need more members so if your looking for something in the New Year why not come along and join us?

Age UK Befriending Scheme call 0800 169 29 39 or Silverline 0800 470 80 90 especially for those who are lonely.

Helen Collins, 01954 782203

– NWR –

CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us, come along to one of our meetings, you 'd be very welcome.

5th February: **Bold and Blue.** *Research anything with a blue connection – e.g. history of denim, flowers, paintings, jewels, superstitions etc.* Venue: Jane's.
19th February: **Pudding Evening.** *Do you have a favourite pudding/dessert? Bring along the recipe and sample for the group to share. Venue: Marie-Thé's.*
5th March: **Nordic Countries.** *Research any interesting facts about culture, geography, people, history, food etc. of one of the Nordic Countries. Venue: Di's.*
The Bar Hill NWR group meets informally at 8pm on alternate Thursday evenings. We pay an annual fee of £18.00 and just £1.00 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Geraldine Martensz on 01954 203458 or Bobby Colver on 01954 781682. NWR can also be found at www.nwr.org.uk. Why not have a look!

BAR HILL RESIDENTS' ASSOCIATION

2014–15 COMMITTEE:

Chairman:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01223 655620	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Also	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	hilary@whipp6.orangehome.co.uk	

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com	1 Hanover Close
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill.

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi: 6 x 4.5 cm – 9 x 6 cm; Mini: 6 x 2 cm – 6 x 4 cm. Quarter-page ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we provide maxi and mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com, *[a Word file is best, please]* or hard copy via Parish Council Office.

THE MAPLE SURGERY

Tel: **01954 780442**
www.mhmaple.co.uk

Surgery Opening times:

Monday, Wednesday, Thursday		7.00am*–6.00pm
Tuesday, Friday		8.30am – 6.30pm
		(appointments available from 7.30am)*
Midwife	Thursday	2.00pm – 4.00pm
Physiotherapist	Tuesday	1.00pm – 4.30pm
Podiatrist	Wed. & Friday	8.45am – 12 noon *and* 1.00pm – 4.00pm
Orthoptist	2nd Tues. of month	9.00am – 12.30pm
CAMTAD	4th Tues. of month	9.30am – 11.30am

Phone lines open from **7am – 6.30pm, Mon. – Friday.** (emergency on the day appointments bookable by phone from 8.30am only)

Out of Hours Emergencies – call **111** *(Cambridgeshire and Peterborough 111 Service)*

Health Visitors: (based at Longstanton Surgery): 01954 207612

Well Child Clinics: 3rd Tuesday of the month 1.00pm – 2.30pm at the Children's Centre, Bar Hill (next to Primary School).

USEFUL TELEPHONE NUMBERS

• Church Office **01954 206120** • Conservative Party (Iris Lay) **01954 205265** • Happy Hours (Helen Collins) **01954 782203** • Liberal Democrat Party (Andy Pellew) **07814 871752** • Library (renewals and enquiries) **0345 0455225** • Neighbourhood Watch **01954 201001** • Parish Council **01954 780456** • Police non emergency **101** • Post Office **01954 789285** • Pre-School **01954 782892** • Samaritans **01223 364455** • School **01954 273305** • Social Club **01954 781881** • Swavesey Village College **01954 230366** •

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We are currently accepting children and adults with a valid exemption (eg. Income support, pension credit, pregnant etc) as NHS patients

FIRST BAR HILL SCOUT GROUP

Winter may have arrived, but that has not stopped 1st Bar Hill Scout Group planning hikes and camps amongst other activities for the weeks between now and Easter.

Our Scout Troup meets on Tuesday evenings, but can also be seen out and about the village working towards their awards. From a visit to Tesco to plan camping menus to helping the community litter pick, they can be recognised by their teal shirts and black, red and yellow neckerchiefs.

Our Cub pack is already planning to join the Centenary Cub Jamboree with hundreds of Cubs from around the country at Scout Headquarters in 2016. They will be holding fundraising events around the village and hope you will be able to support them. Their 2015 calendar also promises to be full of activity and adventure, and if this weather continues, it will also be full of mud.

Our Beaver Colony is also going to be very busy and will be having lots of fun with their days away in 2015. If you are older than 5¾ there is a place for you in the largest youth movement in the world.

Aged over 18 and if you think Scouting's just about knots, woggles and big shorts, then be prepared to be surprised. It's how Richard Branson, Barack Obama and David Beckham got their start in life and you can benefit too. You don't have to be an adventurer like Bear Grylls to get involved with Scouting. Do you have first aid knowledge? Are you good with numbers? Handy in the kitchen? Or are you a DIY whizz? We all have useful skills and you can volunteer and help in many ways. We need adults to help us fundraise, help out occasionally and lead our groups. Volunteering with us is easy, fun and flexible – how much time you give is completely up to you. Whether you help out once a fortnight, month or term or just at special events or camps, there is bound to be a role you can play.

For more information about joining our group please email Ray Andrews, our acting Group Scout Leader: raymond.andrews6@btinternet.com.

LOVE LIFE – LOVE SLIMMING WORLD
Join our warm and friendly group at
Bar Hill Primary School
on Wednesdays at 5.30 pm or 7.30 pm.
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E: hinchliffebuildingservices@gmail.com

CAMBRIDGE PINKS – BREAST CANCER CAMPAIGN VOLUNTEER GROUP

If you weren't at our chocolate tasting event on 1st December you missed on a rare treat.

Isabelle Chappell from Chocolat Chocolat taught us about the history of chocolate from its humble beginnings as a food, through to the different techniques various chocolatiers have used to develop their eating chocolate. We were all tested to discover the super tasters amongst us. We were shown how to grade different chocolates and invited to hone these new skills in a competition to guess the chocolate. A fun night was had learning about Cambridge Pinks, breast cancer campaign – and chocolate!

There was also an opportunity to buy a photo from the "La vie en rose" exhibition at the Arts Picturehouse last September.

If you would like to get involved in fundraising for Breast Cancer then please do get in touch. To find out more about the campaign and how your donations will be used, visit our website: www.breastcancercampaign.org.

Our mission is to fund innovative world class research. The Cambridge Breast Cancer Campaign is funding research into the genetics of breast cancer and finding new genes involved.

Avril Williams, Chairman, Cambridge Pinks; avril.williams1@btinternet.com.

HEIDI ALLEN

Heidi has been selected as the Conservative candidate for South Cambridgeshire, replacing the retiring candidate, Andrew Lansley MP.

She is originally from a village in rural Yorkshire. She studied Astrophysics at university and for 18 years worked in a variety of industries. For the last six years she has been running the family manufacturing business.

Heidi is not a career politician. She only decided to get involved after watching the awful scenes at the Tottenham riots in 2011. She found she wanted to inspire people to care for their community and their country. She is keen to represent somewhere where her skills and experience will be useful and her understanding of village life, science, and big and small business relevant. She is excited by economic growth, but not at the cost of rural communities. South Cambridgeshire feels like a good fit and somewhere she will be able to make a difference.

Heidi and her husband, Phil, live in Steeple Morden. It was actually Phil who first suggested she become an MP.

If you would like to meet her, or have any questions, please get in touch on 07718 287999 or heidi-hi@heidisouthcambs.co.uk.

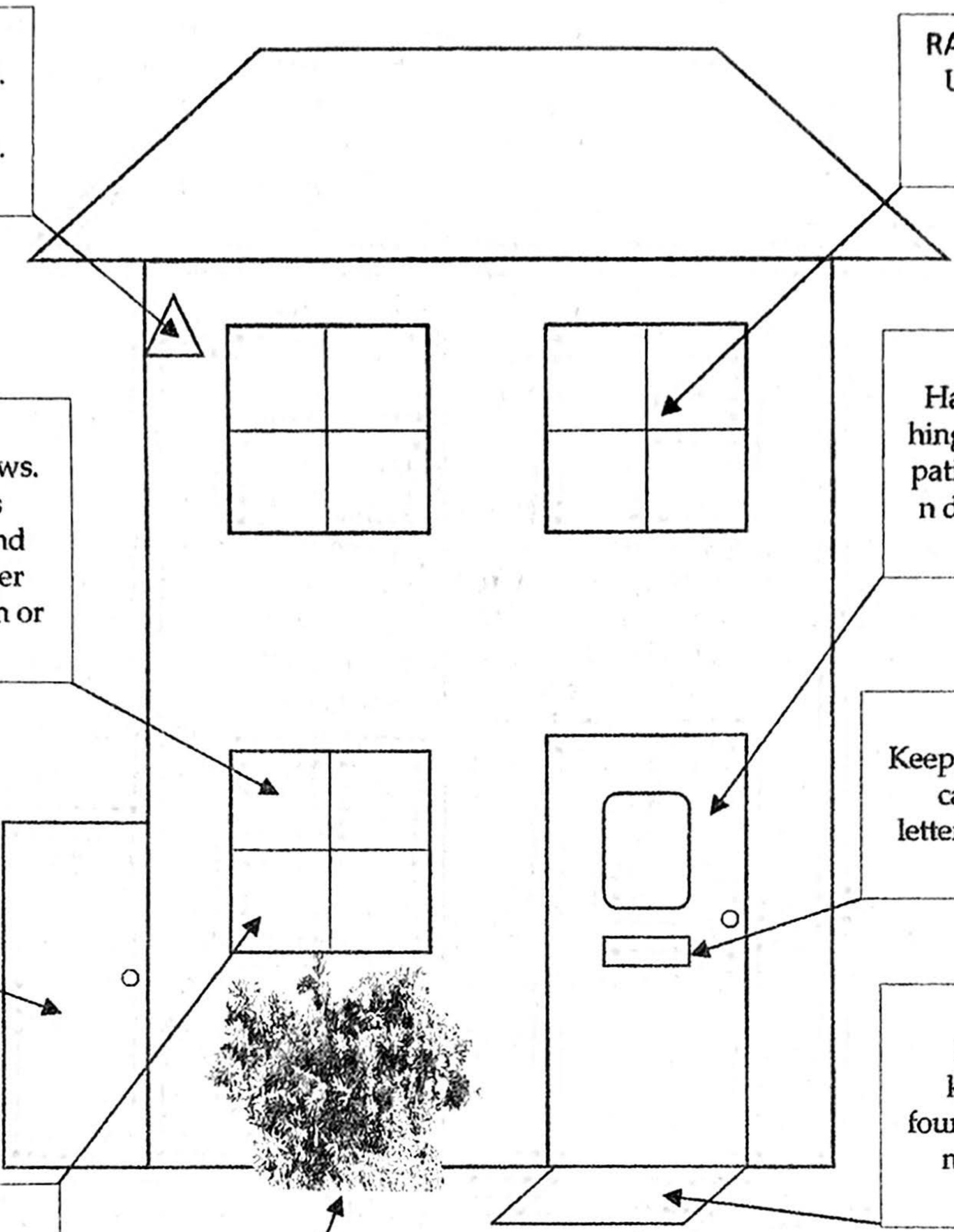
"Don't judge each day by the harvest you reap, but by the seeds that you plant." *Robert Louis Stevenson*

NEIGHBOURHOOD WATCH

Bar Hill is fortunate to have relatively low levels of crime but even one burglary can bring distress and inconvenience. Cambridgeshire Police website has an interactive house highlighting weak spots and suggesting ways to reduce your chances of being a victim. Check it out at www.cambs.police.uk/GetCloser/Burglary.asp. Don't use computers? Ask a friend or family member to help you.If all else fails, contact me and I will see what I can arrange.

Pam Vendy, NHW Village Co-ordinator; 01954 201001

Plenty more details online but meanwhile, here are a few points to start you thinking:



ALARMS and CCTV
Various types available. Investigate carefully, getting at least 3 quotes. Never use cold callers.

RADIOS and LIGHTS
Use on timers so an empty house appears occupied.

DOORS
Have good locks and hinges. Glazed panels, patio/side/rear/wooden doors are especially vulnerable.

WINDOWS
Secure accessible windows. Remove keys from locks but keep them nearby and available to you. Consider anti-smash adhesive film or vibration alarms.

KEYS
Keep all keys, including car keys, away from letter boxes (they could be hooked out).

SIDE ACCESS
Keep locked. Consider trellis top. Don't leave bins etc. nearby which could help an intruder climb over.

KEYS
Never hide a spare key which could be found. Leave one with neighbour/friend or use a key safe.

VALUABLES
Security mark them. Don't leave on view through a window. Register them on Immobilise so police can return retrieved loot.

SHRUBS
Could conceal intruders at work.

GARAGES and SHEDS
Keep ladders and tools locked away so they can't be used to break into your house.

EXTERNAL LIGHTING
e.g. motion sensors and low energy dusk to dawn lights.

PERIMETER FENCES
Keep in good condition. Consider adding prickly shrubs, trellis or Prikka strip.

MATHS AND PHYSICS TUITION
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Albert Einstein

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http://www.barhillpreschool.co.uk

VILLAGE HALL 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect the needs of all the children.

We offer fully flexible care between 9am–3pm, for children aged 2–5yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Funded 2's'.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us. The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership: To fulfil our commitment to meeting children's individual needs we use communication diaries as part of our outstanding parent/carer partnerships. Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk.

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

WALKING – HERE ARE SOME FACTS.

Walking is an excellent form of exercise. We are very fortunate in this area – it has relatively few hills and a vast network of footpaths, cycle paths and bridle ways.

Regular walking can strengthen your heart, your bones and your muscles.

Walking can reduce the risk of coronary heart disease, stroke, diabetes, high blood pressure, bowel cancer, Alzheimer's disease, osteoporosis, arthritis, anxiety and stress.

Walking improves your mood and helps combat depression.

Walking can improve your confidence, stamina, energy, weight control and life expectancy.

So why not join the Comberton Ramblers Group? Our Autumn Walking Programme 2014 starts on 14th September.

For further details please see our webpage: www.combertonramblers.org.uk; or contact Stella stella.ramblers@hotmail.com.

DISTRICT COUNCILLOR REPORT
FEBRUARY 2015

Protection for Village Pubs

Increasingly, in South Cambridgeshire and other areas, village pubs are under threat, planning consent not being needed to convert them into private houses, workshops and offices. Developers are also buying them to demolish them and build houses on the site. A consultation is taking place as to whether to invoke Article 4 of the Town and Country Planning (Use Classes) Act 1987 so that any change of use would require planning permission.

Fully-funded Workshops

The latest series of fully-funded workshops and webinars from the South Cambridgeshire Business Support Service will be launched in early February.

City Deal

From a sum of £100 million provided by the Government, South Cambridgeshire District Council, the City Council and the County Council will be meeting to devise transport schemes to drive economic growth, particularly those that can be quickly delivered to connect research and business facilities to residential areas.

If you need help, assistance or further information, do please get in touch:

Roger Hall	Bunty Waters
11 Almond Grove,	77 Foxhollow,
Bar Hill CB23 8DU	Bar Hill CB23 8ES
01954 780304	01954 201421
07946 415244	07734 690580
roger.hall90@ntlworld.com	bunty.waters@ntlworld.com

Cambrisdgeshire County Council
Carers Support Team
'DROP-IN' SESSIONS FOR CARERS AND ADULTS WITH A LONG-TERM SUPPORT NEED

CARERS SUPPORT TEAM

These popular drop-ins continue in 2015. Anyone who is living with a long-term illness or disability, or an age-related condition, or is providing unpaid support to adult family members or friends is welcome. The early Spring dates and locations are:

- **Bar Hill** – Community Room, Tesco Extra, on 16th February and 16th March from 10.30am–1.30pm
- **Sawston** – Free Church, on 17th February and 17th March from 10.30am–1.30pm.
- **Cambourne** – Carers Only drop-in at the Library, on 18th February and 18th March from 1.30pm–3.30pm.

Drop-in to any of the events for a cup of tea and a chat about the information, advice and support that may be available, to share your stories and experiences, talk in confidence to a member of the Carers Support Team or Physical Disability Services Team, or to book a carers assessment.

For more information:
Tel: Gemma Whitehouse on 01480 377616 or
Leigh Hornsby on 01480 373220.
Email: CarersSupportTeam@cambridgeshire.gov.uk;
Visit: www.cambridgeshire.net and search "Adult Support Drop-in".

Little Acorns Extended Day Care

Little Acorns Extended Day Care is the umbrella name for Little Acorns Pre-School and Mighty Oaks @ Little Acorns out of school club. Little Acorns is registered to care for children age 2–11 years, from 8am –6pm during term time and school holidays.

Flexible Hours can be booked any time during a week day. A normal pre-school session starts at 9am (to 11.30am) or 12.30pm (ending at 3pm). Afterschool care starts at 3pm or 3.15pm.

Our current cost is £3.60 per hour. A 50% sibling discount is available and a 20% lone parent discount.

Our breakfast club is open from 8am and is suitable for all ages.

Children can access 15 hours per week of free sessions under the Early Years Funding Scheme in the term after they reach 3yrs. Families on Income Support, or who fulfil the criteria for free school meals, may also be able to access 15 hours per week of free sessions for their 2 year old, via 'Free Twos' funding. Enquire at the children's centre for advice on applying for this.

All age groups of children have access to all three rooms in the building and the garden area throughout the day.

We offer a wide variety of activities and resources, set out into zones, where children can explore, investigate, learn, create and have fun.

We have a new 'mini acorns' session for children who are just starting pre-school (from age 2). It is a slightly shorter session (9–11.15am) and is open Monday to Friday, term time only. It is held in a separate, quieter room and has a higher staff ratio (max 12 children per session with 3 staff). We employ qualified and experienced staff who are caring and dedicated team members.

If you would like more information or a registration form please e-mail: littleacorns.barhill@ntlworld.com, or phone Sally or Gail: 07851 803083 / 07982 238658. (pre-school age). For out of school care please email: mightyoaks.barhill@virginmedia.com.

We are situated next to the primary school along the concrete track which leads to the Farmhouse. Please feel free to drop in for a look around.

The building can also be hired out at weekends/ evenings for parties and family events. Please email for a booking form if you are interested – you do not need to have a child at the pre-school to use this facility.

"The human race has one really effective weapon – laughter." *Mark Twain*

BUILDING WORK

All types of small building work undertaken by experienced craftsman. Competitive rates.

– TOM MOORE –

M: 078125 71384; H: 01954 202677;
E: tombola49@aol.com

COMMUNITY OIL-BUYING SCHEME

Before topping up the oil tank to see through the winter months it might be the right time to consider joining an oil buying scheme.

Cambridgeshire ACRE's community oil buying scheme is designed to help purchasers of central heating oil to make savings by buying in bulk. The scheme is open to anyone in Cambridgeshire and Peterborough. Community buildings such as churches and village halls as well as businesses which are reliant upon heating oil can join too. The annual membership fee for domestic users is £20 and covers as many oil orders as you need during the course of the year.

The average saving is usually 2p per litre against online prices. In November and December 2014 scheme members who ordered oil in these months paid 46.99p and 42.49p per litre respectively (exclusive of VAT at 5%). The environment benefits too as every time a tanker comes out to make a delivery, it is using a lot of diesel – a full tanker can get as little as a horrifying eight miles per gallon. If deliveries are organised so that one tanker delivers to several customers in a village, instead of making lots of individual deliveries, the fuel consumption is reduced and so is traffic in the village.

There are five easy steps to cheaper heating oil:

Step 1: join the Cambridgeshire ACRE Community Oil Buying Scheme;
Step 2: receive a reminder to check your oil levels;
Step 3: place your order online;
Step 4: sit back whilst our negotiators get the best possible price;
Step 5: take delivery of the oil and pay the company.

To find out more about the Cambridgeshire ACRE Community Oil Buying Scheme go to our website www.cambsacre.org.uk or contact Julie Weekes on 01353 860850 email oil@cambsacre.org.uk.

– FOR SALE –

Ladies Clothes

Ski Boots – white, size 4½; used 2 weeks only, vgc – £75
Ski Suit – black 14/16 Berghaus, vgc, bargain – £50
Ski Polo Tops – size 14 – £3 each
Riding Trews – size 12/14, vgc, bargain – £25
Riding Boots – long, unworn, black, reinforced toes, size 4 – £25
Burberry Jacket – beige quilted, 14/16, vgc – £25
Dyson DC03 upright with tools, vgc – £75
Long Boots – beige leather with heels & pointed toes, vgc, size 4 – £20
Blood Pressure Monitor vgc, (recently checked) easy to self-use – £20

01954 782638

Cambridgeshire County Council
INFRASTRUCTURE AND STREET MANAGEMENT

To report any Highway Issues, please use our fault reporting link: http://www.cambridgeshire.gov.uk/. This will then be logged onto our system for future reference, and ensure it is recorded and dealt with according to our customer response standards.

Other ways to contact us:
E: highways@cambridgeshire.gov.uk; T: 0345 045 5212.